

# TWERTON INFANT SCHOOL & NURSERY

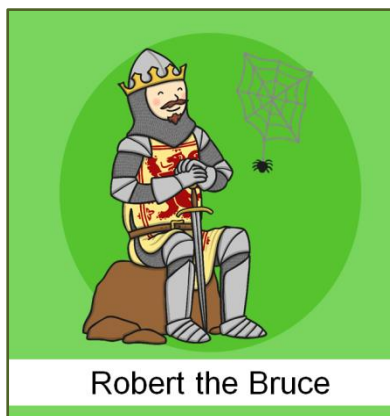


Excel at Twerton  
- the school that cares

## Friday 6<sup>th</sup> January 2017



In assemblies this term we will be exploring the theme **Going for Goals** along with the virtues of **Bravery** and **Service**.



Robert the Bruce

### **Quick Learning Task**

Ask your child about Friday's assembly. Who was **Robert the Bruce** and how can we learn from him?



# Dear Parents and Carers,

## Happy New Year

2017 has already gotten off to a great start. We are delighted to share news of the safe arrival of Mrs Noelle Grierson's baby boy, Finn, on New Year's Day. We are looking forward to Finn's first appearance in school later this term.

It has also been lovely to see the children back in school and to listen to their excitement as they recall their Christmas holidays.

## Mens sana in corpore sano *(a healthy mind in a healthy body)*



The ancients knew that one of the secrets of happiness was being healthy. The start of this New Year provides a great opportunity to join in with a new healthy initiative in school.

We are going to trial short weekly workouts for parents, based on High Intensity Interval Training, known as HIIT workouts. The idea is that we balance short bursts of activity with periods of rest, so we can each make it as difficult (or as easy) as we want to.

These workouts have recently been used very successfully by The Body Coach, Joe Wicks. You can watch an example of a HIIT workout here:

<https://www.youtube.com/watch?v=-3D4oCEt0RQ>

The whole workout takes between 10 to 20 minutes and will take place on Wednesday afternoons at **2:30pm**, giving time for a drink of water and a rest before picking up children at the end of the day. The first HIIT Workout will take place on **Wednesday 18<sup>th</sup> January** (a week on Wednesday) which gives us plenty of time to get our PE kits ready.

Once parents have got they hang of it, we can invite children join in alongside so we are encouraging them to exercise and stay healthy. Evidence shows that short periods of intensive exercise are very beneficial to our health.

Also, **Genesis Lifestyle Centre**, in Station Road, has agreed to offer parents who take part in our workouts a very good deal on using their gym. Mr Samios is currently negotiating with one of the owners, exact details to follow. **Please do come along on Wednesdays and join in, you will not regret it!**

# Parents Evening

Our next Parent Consultation appointments will take place next term on:

- **Thursday 19th January 2017** – 3.20pm to 6.50pm
- **Tuesday 24th January 2017** – 3.20pm to 5.30pm

Don't forget  
Parents'  
Evening!

Please sign up for an appointment on the sheets outside the classrooms.

## Reading Eggs

Many parents are finding that Reading Eggs has been very effective in helping their own child learn to read at home. It is a collection of fun interactive games that help children to learn their letter sounds and quickly learn to read everyday words.



**Every child in the school has their own logon account** and it can be accessed via a website, or by downloading an app for both iPhones (and iPads) and Android devices.

Please do try out Reading Eggs if you haven't yet. It will make a big difference to your child's confidence learning to read.

We will send home children's login details again this week. Please do speak to your child's teacher if you are having any problems with Reading Eggs.



To encourage children to use Reading Eggs regularly, we will give every child who has made good progress on Reading Eggs a packet of Mini-Eggs at the start of the Easter Holidays!

(One packet won't hurt, especially if we keep up the HIIT workouts!)

## Applications for Schools – Deadline soon!

Parents of children in the Nursery or Year 2 need to apply for a Reception place or Year 3 place in a different school for September 2017 by **January 15<sup>th</sup> 2017**. The Infant to Junior Stage Education Transfer form is also available online from the BANES website: <http://bit.ly/2hdd7Ov>

# Parent Governor Vacancy

We have an opportunity for **one parent** to join our **friendly** and **ambitious team** of governors to help shape the future success of our school. As a parent governor you will have a say in decisions that affect the school and nurseries and you will be able to see the ideas, effort and determination that goes into making a great school even better. Please let Mr Samios, Mrs Patterson or one of the teachers know if you are interested by **Friday 13<sup>th</sup> January 2017**.



## Dates for your Diary

### Term 3 (5 weeks 3 days)

- |                                    |   |  |
|------------------------------------|---|--|
| Monday 9 <sup>th</sup> January     | - | <b>Multi Skills Club (3:10pm - 4:10pm)</b> |
| Thursday 12 <sup>th</sup> January  | - | <b>Science Club (3:10pm - 4:10pm)</b>      |
|                                    | - | <b>Ukulele Club (3:10pm - 3:45pm)</b>      |
| Friday 13 <sup>th</sup> January    | - | <b>Gym Club (3:05pm - 4:00pm)</b>          |
| Wednesday 18 <sup>th</sup> January | - | <b>First HIIT Workout (2.30pm)</b>         |
| Thursday 19 <sup>th</sup> January  | - | <b>Parents Evening (3.20pm to 6.50pm)</b>  |
| Tuesday 24 <sup>th</sup> January   | - | <b>Parents Evening (3.20pm to 5.30pm)</b>  |
| Friday 10 <sup>th</sup> February   | - | <b>End of Term 3</b>                       |

### Term 4 (6 weeks 4 days)

- |                                   |   |   |
|-----------------------------------|---|---|
| Monday 20 <sup>th</sup> February  | - | <b>INSET Day – school closed for staff training</b> |
| Tuesday 21 <sup>st</sup> February | - | <b>First Day of Term 4 for children</b>             |
| Friday 7 <sup>th</sup> April      | - | <b>End of Term 4</b>                                |

**We wish you all a very healthy, very happy and hope-filled 2017.**

**All term dates, including INSET days, are available on the school website. Please check these dates before booking any holidays: <http://bit.ly/2g4UBIt>**

**Please contact the school if your child is unwell and cannot attend school.**

The number to text the school is: **07786 201170**  
School telephone numbers: **(01225) 423526 & 314745**



**Twertoninfantschool**



**@Twerton\_Infants**